

1.

Remember, there are 60 seconds in a minute and 60 minutes in an hour.

Match- up the time measurements.

1 minute

1 hour

60 minutes

120 minutes

5 minutes

600 seconds

2 hours

4 minutes

240 seconds

300 seconds

10 minutes

60 seconds

2.

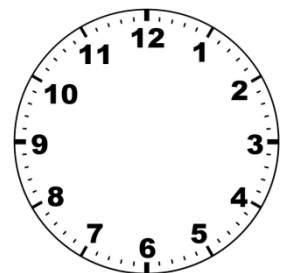
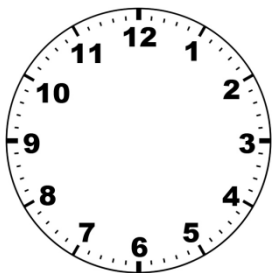
Remember, there are 60 seconds in a minute and 60 minutes in an hour.

- 1) How many seconds are there in 6 minutes?
- 2) How many seconds are there in 25 minutes?
- 3) How many seconds are there in 33 minutes?

- 4) How many minutes are there in 4 hours?
- 5) How many minutes are there in 6 hours 15 minutes?
- 6) How many minutes are there in 9 hours 45 minutes?

- 7) How many minutes are equal to 180 seconds?
- 8) How many minutes are equal to 270 seconds?
- 9) How many minutes are equal to 780 seconds?

- 10) How many hours is 420 minutes?
- 11) How many hours is 390 minutes?
- 12) How many hours is 555 minutes?



3.

Remember, there are 60 seconds in a minute and 60 minutes in an hour.

- 1) I cook a turkey for Christmas dinner for 5 hours 20 minutes, how much is this in just minutes?
- 2) I bake a cake that needs 2 hours, 20 minutes in the oven, how long is this in minutes?
- 3) I watch a football match that lasts 110 minutes, how long is this in hours and minutes?
- 4) The school play runs for 555 minutes, how many hours and minutes is this?
- 5) A marathon runner runs for a total of 890 minutes, how many hours and minutes is this?
- 6) The marathon runner drinks water for a total of 11 minutes after the race has finished. How many seconds is this?
- 7) It is 82 minutes and 5 seconds until my birthday! How many seconds is this?
- 8) A train takes 77 minutes to travel to London, how many seconds is this?
- 9) A diver can hold their breath for 5 minutes, how many seconds is this?
- 10) My dog chases its tail for 230 seconds, how many minutes and seconds is this?
- 11) A ballerina balances on one foot for 450 seconds, how many minutes and seconds is this?
- 12) A bus is delayed for 672 seconds, how many minutes is this?

